Basic Safety Concept

1 September 2021

Basic Safety Concept for the University of Zurich during the COVID-19 Pandemic

Introduction
The Basic Safety Concept for the University of Zurich describes the requirements that the organizational units of UZH must meet in accordance with the current COVID-19 ordinances.

The current revised UZH safety concept governs the handling of COVID-19 during the “special situation”¹ and comprises the following documents:

- The Basic Safety Concept for the University of Zurich which describes the general rules of conduct and safety measures, and contains explanations for the questions listed below.
- The specific safety concepts which serve as the basis for practical implementation by all organizational units:
  a) in their areas of responsibility (safety concept for organizational units)
  b) when organizing courses (Fact Sheet on Tasks to Prevent the Spread of Covid-19 during Courses at UZH)
- The Safety Concept for Non-Curricular Events, either with or without Covid certificates

Goal
The University of Zurich is meeting its responsibility for containing the spread of the COVID-19 pandemic. The aim of the measures is to reduce the risk of infection with the novel coronavirus for everyone at the University of Zurich (employees, students, external service providers, visitors, patients, etc.).

Basic Rules
Employers, more specifically line managers at UZH, are required to ensure and check that staff are aware of and observe the rules and recommendations of the FOPH on social distancing and hygiene. The relevant measures must be taken according to the STOP principle (substitution, technical measures, organizational measures, personal protective equipment). In other words: Besides wearing masks as applicable, working from home (if possible), regular ventilation of rooms, distance between workstations, disinfection, and hand hygiene. Particular attention must be paid to protecting people who are at especially high risk.

The University of Zurich safety concept ensures that the following requirements are complied with. Sufficient and appropriate measures must be defined for each of these requirements. Line managers and/or event organizers are responsible for selecting, implementing, communicating and reviewing these measures.

Requirements

- Everyone must wash their hands regularly.
- Employees and others must keep a distance of at least 1.5 meters to each other.
- Appropriate, independent and regular cleaning of surfaces and objects, as well as regular ventilation of rooms.
- Adhering to the applicable mask-wearing rules at UZH, binding rules in case of infection or close contact, and provisions for travel abroad.
- Establishing safety measures for in-house events.
- Working from home, if possible.
- Particular attention must be paid to protecting people in high-risk groups.
- Establishing safety measures for on-site events and teaching.

All employees, students and other relevant people must be sufficiently informed about the safety measures and rules of conduct. It is the responsibility of all members of UZH to actively help implement the measures listed in these concepts.

Line managers must create an environment in which it is possible to require compliance with hygiene and social distancing rules by staff and line managers.

As before, members of UZH and visitors, regardless of whether they have been vaccinated, tested or recovered, may access UZH premises. Whether or not to get vaccinated is a voluntary and personal decision. UZH respects the individual decisions of its members in this sensitive area, and all safety concepts are based on a mix of vaccinated, non-vaccinated, tested and untested people until further notice. At the same time, we are concerned with continuing to protect vulnerable people.

1. Hand Hygiene

Everyone is required to wash their hands with soap and water regularly. In particular, they should do so immediately after arriving at their workplace, after any unavoidable contact with other people, and before and after breaks (measure (M) 1.1).

Hand sanitizer must be used at workplaces where this is not possible. Facility management will provide and manage sanitizer dispensers in public areas. Users of the Central Services' institute, seminar and department spaces where employees cannot wash their hands are responsible for ensuring that hand sanitizer is available in the vicinity of these areas. Hand sanitizer can be obtained from the Materials Center/Shop Campus Irchel (M 1.2).

2. Maintaining Distance

Everyone must maintain a distance of at least 1.5 meters from other people (M 2.1).

When it is not possible to maintain this distance at a workstation (= unavoidable close contact²), measures must be taken in accordance with the STOP principle and documented under section 6 (M 2.2).

² Contact of less than 1.5 meters and for more than 15 minutes without suitable protection (e.g. partition or both persons wearing a face mask).
The following areas where people may move about and congregate must be defined (M 2.3):
- Areas where a large number of people gather (e.g. in front of libraries, at counters, in cafeterias)
- 1.5-meter waiting areas in front of frequently used appliances, such as copiers, scanners, etc.

Counter and reception workspaces should be separated from other employees and customers through protective screens. The maximum occupancy and – if appropriate – booking schedules (times/rooms) should be posted at the entrances to rooms or displayed in a reservation system (M 2.4).

3. Cleaning and Ventilation
Surfaces and objects (e.g. work surfaces, keyboards, phones and tools) must be cleaned regularly with commercially available cleaning agents, in particular where they are shared (M 3.1).

The regular and sufficient exchange of air in workrooms must be ensured through ventilation, e.g. opening windows and doors for 5-10 minutes every hour (M 3.2). The smaller the room, the more often it should be aired. The use of portable fans and heaters is to be avoided.
It cannot be assumed that climate chambers and cold rooms have sufficient ventilation. Additional measures must be defined for these rooms, such as requiring employees to work alone, wear a face mask, etc. (M 3.3).

All employees, in particular those who are especially high risk, must be protected against infection with COVID-19. Measures must be taken in accordance with the STOP principle and documented under section 6 (M 4.1).

STOP principle:
1. Substitution (e.g. working from home, assigning different tasks)
2. Technical measures (e.g. partitions)
3. Organizational measures (e.g. non-changing teams)
4. Personal protective equipment (e.g. wearing special FFP2 protective masks)

When it comes to protecting employees who are at especially high-risk, the Directive on Working from Home³ and Art. 27a of the federal Covid-19 Ordinance ⁴ apply (M 4.2).

Recording contact details of employees is not a reliable measure, as it is purely curative rather than preventive. This measure can only be taken in exceptional cases such as medical examinations, events, etc. and must be documented under section 6 of the Specific Safety Concept.

³ https://www.uzh.ch/cmsssl/en/about/coronavirus/staff.html
⁴ https://www.fedlex.admin.ch/eli/cc/2020/438/de#art_27_a
It must be ensured that all employees are informed about the applicable regulations regarding masks at UZH in their area of responsibility. Masks are obligatory in all indoor and outdoor areas of UZH (M 4.3). Video: How to use face masks.

Exceptions:
- In indoor spaces not accessible to the public if social distancing rules (1.5 meters) can be observed.
- With a doctor’s certificate that exempts the person from having to wear a mask.

Face shields and visors are no replacement for masks and can therefore not be used as a personal protective measure against COVID-19 infection.

Health experts and the Executive Board of the University recommend installing and using the SwissCovid app as an additional measure (M 4.4). Video: SwissCovid app.

All employees and students must be informed about the provisions in the Fact Sheet on Procedure for (Suspected) Cases of COVID-19 or after Close Contact with an Infected Person (M 4.5). People who are ill and experiencing symptoms must be sent home immediately (M 4.6). In particular, they must be made aware of the quarantine provisions that apply when returning from high-risk areas (M 4.7).

5. Events of the Respective Organizational Units
For non-public events (e.g. meetings) of the respective organizational unit, hygiene and social distancing rules must be observed (M 5.1). Further measures must be taken in accordance with the STOP principle in order to protect people in high-risk groups in particular.

If the event includes food/drink, participants must always be seated when eating/drinking, and the relevant distance between people must be kept at all times (M 5.2).

6. On-Site Events
Using the Fact Sheet on Tasks to Prevent the Spread of Covid-19 during Courses at UZH, event organizers are required to ensure that the guidelines for avoiding COVID-19 transmissions are observed during their on-site events and also in the areas in front of the lecture halls and seminar rooms.

5 https://youtu.be/GNkQKutS8cq
6 https://youtu.be/3z1Rxpwx2AE
Permitted On-Site Events

The following provisions apply to on-site events at UZH:

- Persons with symptoms that are indicative of a possible COVID-19 infection may not attend.
- Participants who have recently returned from high-risk areas\(^{11}\) may not attend events during the quarantine period.
- All seats may be occupied during on-site events. Capacity restrictions in classrooms have been lifted (number of people and distancing rules). However, if the lecture hall or seminar room is not fully occupied, social distancing should be maintained as far as possible.
- Everyone in attendance (participants and staff) must wear a mask (see M 4.2), with the exception of the speakers if social distancing can be observed.
- If it is possible to open the windows in seminar rooms, the room must be well aired during breaks.