



Fact Sheet for UZH Students

23 June 2020

Procedure for (Suspected) Cases of COVID-19 or after Close Contact with an Infected Person

To prevent the spread of COVID-19 at UZH, all persons, incl. students, are required to stay away from UZH if they:

- become infected with coronavirus or
- develop symptoms¹ that point to a COVID-19 infection or
- have been in close contact with someone infected with coronavirus. Close contact means that you have been in close proximity (distance of less than 1.5 meters) to someone infected with coronavirus for more than 15 minutes without any form of protection.

Important information about wearing surgical masks

- Wear a surgical or face mask when using public transportation (during peak times)².
- Bring your own personal mask when you come to UZH.
- Masks must be procured and paid for by you; this also applies to any personal protective equipment you require for practical courses during your studies (e.g. protective goggles).

Are you experiencing symptoms of illness?

- Students who experience coronavirus symptoms must stay at home, avoid contact with others and follow the guidelines on hygiene and conduct issued by the Federal Office of Public Health FOPH (isolation³).
- Call your GP or the canton's medical hotline (phone 0800 33 66 55) to discuss the next steps. They will advise you and if necessary ask you to get tested at one of the official testing sites.
- If your test comes back positive, you must continue to self-isolate: The relevant cantonal authorities (cantonal medical service) will get in touch with you and provide further information and instructions (contact tracing, see p. 2). As a rule, infected persons may only leave their home if they have been free of symptoms for at least 48 hours. At least 10 days must have passed since symptoms first appeared.
- If the test is negative, you must also stay at home. You may come out of isolation 24 hours after the symptoms subside.
- Persons who do not get tested for coronavirus must adhere to the same rules as for a positive test.
- Cancelling your participation in courses or exams must be done in the usual ways as specified by the faculties.
- If you develop symptoms of COVID-19 while you are at UZH, you must self-isolate immediately: Put on a surgical mask and leave UZH premises straight away. (If you do not have a mask with you, the university's medical service can provide you with one via the UZH ServiceCenter 044 635 41 41)

¹ An up-to-date list of COVID-19 symptoms can be found at: <https://www.bag.admin.ch/bag/en/home/krankheiten/ausbrueche-epidemien-pandemien/aktuelle-ausbrueche-epidemien/novel-cov/empfehlungen/isolation-und-quarantaene.html>

² Face masks for non-medical use can be used instead of surgical masks.

³ <https://www.bag.admin.ch/bag/en/home/krankheiten/ausbrueche-epidemien-pandemien/aktuelle-ausbrueche-epidemien/novel-cov/selbst-isolierung-und-selbst-quarantaene.html#1347592077>



Have you been in close contact with someone who has tested positive?

Students who have been in close contact with an infected person must go into quarantine⁴: Leave UZH premises without being asked to do so. Stay at home for 10 days (starting from the date of the most recent contact with the infected person). Follow the instructions of the cantonal medical service and contact your family doctor/GP or the canton's medical hotline (0800 33 66 55) as soon as you experience any symptoms.

More information about quarantine, self-isolation and contact tracing is available on the website of the FOPH⁵.

Responsibilities of students with symptoms

- There is no obligation for students to report their (suspected) infection to UZH.

Contact tracing in the event of COVID-19 infection among UZH students

- If a test is positive, contact tracing is carried out by the relevant cantonal service (cantonal medical service) with the help of the infected student and involves identifying everyone who needs to go into quarantine.
- UZH will not carry out contact tracing itself (due to personality rights). This is done exclusively by the relevant cantonal service (cantonal medical service).
- Anyone who has been in close contact with the infected employee will be notified by the relevant cantonal service (cantonal medical service) and instructed to go into quarantine.

⁴ <https://www.bag.admin.ch/bag/en/home/krankheiten/ausbrueche-epidemien-pandemien/aktuelle-ausbrueche-epidemien/novel-cov/selbst-isolierung-und-selbst-quarantaene.html>

⁵ <https://www.bag.admin.ch/bag/en/home/krankheiten/ausbrueche-epidemien-pandemien/aktuelle-ausbrueche-epidemien/novel-cov/selbst-isolierung-und-selbst-quarantaene.html>