

WopKids

**CHILDREN'S
WELL-BEING
in GERMAN-SPEAKING
SWITZERLAND**

2021 - 2024



**Are you aged
between
8 and 14 years?
We need
your help!**



**Universität
Zürich^{UZH}**

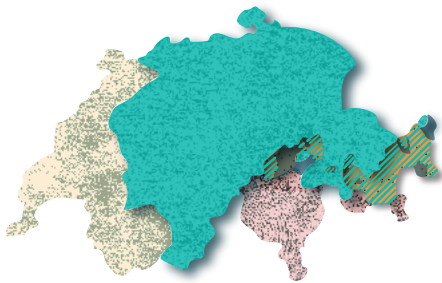
Hoi!



We are a research team working at the **University of Zürich**. Our names are Catrin (in the middle), Anne (on the left) and Andrea (on the right). We wrote this booklet to **inform** you about our project and to help you to **decide** whether you would like to take part in it.

What is our project about?

Our project is called **WoKidS**. In this project, we want to learn what children in Switzerland need, from their own point-of-view, to **feel good**.



Who can participate?

All children aged **8 to 14** years who live anywhere in **German-speaking Switzerland**. You can live in a big city, in a small city or in the Alps. We will go there to interview you!

Why do we want to interview children?

Because **only children** can really explain what they need in their lives to feel good.

We ask ourselves:

- ✓ What are the things that are important for children to feel well?
- ✓ What is missing from their lives?
- ✓ What they would change if they could?

Only children
like you can
help us to find
answers to our
questions!



Why is this project important?

What do you need to feel good?



Many countries are investigating what children need to feel good. We hope that our project can help to construct a **better place** for **all children in the future**. If you take part, you can help us to understand how.

How would I participate in the project?

You will participate in the study by taking part in **two interviews**.

We will meet you, ask you some questions and **talk** about the things that are important to you.

If you like, in the first interview, you can make a **drawing** and, in the second interview, you may make a **map**.

If you agree, we will also **record** the interviews so that we can listen to them again afterwards. What you say is very important to us, and we want to make sure that we understand it very well.

Have you ever participated in an interview?



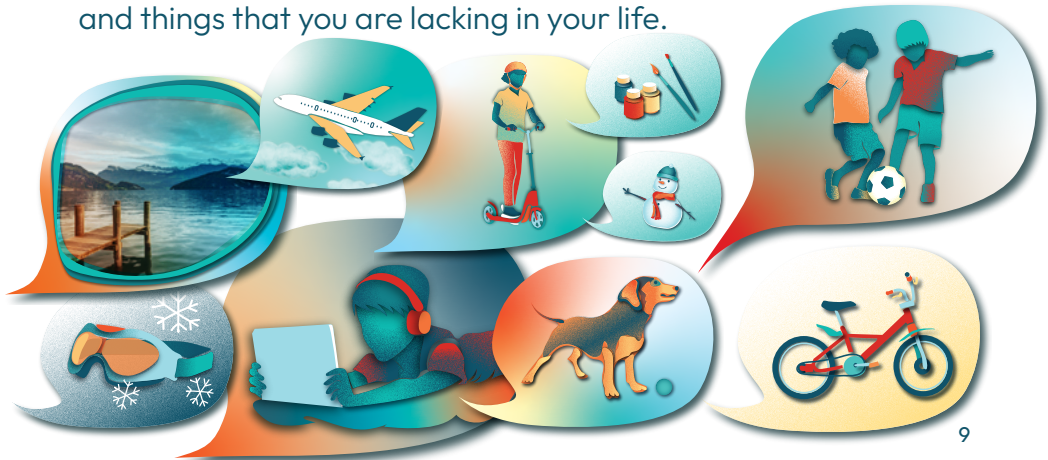
Will I be on my own or with other children?

This is up to you! You can be interviewed **on your own**, with the researcher, or invite **a friend, a sibling, or a cousin** to take part in the interview with you. In this case, they will also participate in the project.



What exactly are we going to talk about?

We will talk about what **you like doing**, **important people** in your life, **places** where you like to go, **things** that are important to you and things that you are lacking in your life.



Where the interview will take place?

This is up to you! We will agree with you and your family about the **best place** to interview you. It could be at your home, at a community centre, in a park, in a playground...





Which language will we use in the interview?

We speak **different languages** (Swiss German, German, English, Italian, French, Portuguese...), and we can agree to talk in a language that you **feel good** speaking.





How long is the interview?

Each interview lasts **around 1 hour**. You can always ask for **a break** if you get tired or we can stop completely if you do are not enjoying it anymore.



Do I have to take part?

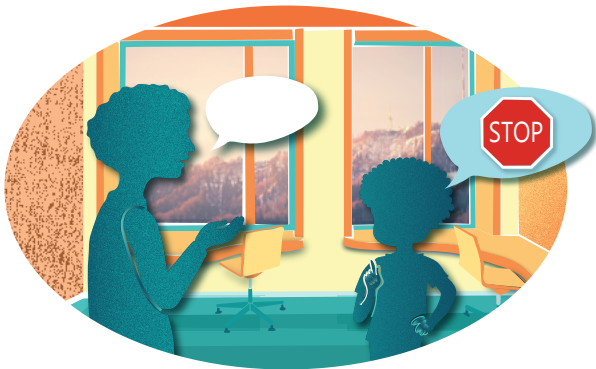
No, you don't. Your **participation is voluntary**, and you decide, together with your parents (or legal guardians), whether you want to take part.



Even if you say ‘yes’ at the beginning, **you can always change your mind** and stop the research at any time. You can also give up your participation after the interview. You just need to give us a call or send us an email.

You don’t need to give us **any reason** for your decision, and it won’t have **any negative affect** on you.

Do I have to answer all the questions?



No. You can always **'pass' the questions** that you do not want to answer, and you do not need to explain why. You do not have to tell us anything **unless you want to.**

Could there be any problems for me if I take part?



You should have **no problems** in taking part in our study as we just want to talk to you about what you need **to feel good**. However, it could happen that we talk about things that are not good in your life. Some children might get **upset** when they think about their lives or the things that they would like to be different. **You can always choose** not to talk about the things you do not want to.



If you get upset, we will **stop the interview**. If it is possible and you wish it, we could help you to find solutions to the problem that made you feel upset. We can also give you and your parents (or legal guardians) the names and phone numbers of other **people who can help** you.

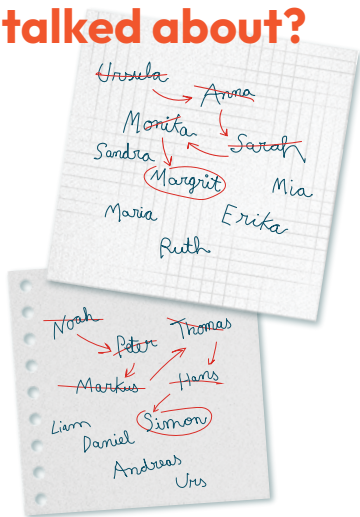


Who will know what I have talked about?

We will keep what you said within the project and we **won't tell anyone** that you took part. Even if someone asks us, we won't say anything.

We will take care that nobody knows what you said by **changing your real name**, the name of **other people** whom you talked about and the name of **places, schools** or the **city** where you live. In this way, people can read about your ideas but they will not know they are yours.

If you like, **you can choose your name** for the project.





The only time we might need to **break this promise** is if we get **very worried**:

- ▼ That you or someone you know might be at risk
- ▼ That you are not being cared for properly
- ▼ That you might hurt yourself or hurt someone else

If that happens, we will talk to you first about the best thing to do to keep you and other people **safe**.



Will the research help me?

We think that it can be very important for you to have a place to talk about **your ideas** and to know that they **are taken seriously**. We hope that you will **enjoy** the interview and have a good time with us. We will listen to you because we want to know what is on your mind, what is important to you and **what you have to say**, so, in this research, **you are the one who is helping!** With your ideas, we hope to write reports that can help other children in the future.

Thus, we are **very grateful** for your participation!



What will you do with the results? Will I know them?

We will use what we **learn from you** and other kids to **write** reports, give classes, **teach** students and **discuss** the results with other researchers around the world. You can find information about the **results** by checking the **project web page**, sending us an email or giving us a call.



What do I have to do if I want to participate?

- Please, tell your parents or legal guardians that you would like to participate.
- Give us a call or send us an email.
- If you do not have any adult who is responsible for you, contact us and we will check the possibilities with you.



We would be very happy to answer to your questions and to book an interview with you!

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