



**Universität
Zürich** ^{UZH}

Global Student Experience



Information for International Master's Students

Spring Semester 2024

Cecilia Caruso

Project Manager / International Student Advisor



Content



- Introduction
- Enrolment at UZH by February 12, 2024
- Administrative Issues
- Organizational Issues
- UZH and other Services
- Living in Zurich



May We Introduce Ourselves?



Global Student Experience

- Visa and entry into Switzerland
- Registration in Zurich
- Health insurance
- Getting settled in Zurich
- ...

Contact:

Cecilia Caruso

+41 44 634 20 28

incoming@int.uzh.ch

UZH Main Building

Rämistrasse 71, 8006 Zürich

KOL-E-17

Tue, Wed, Fri 09:30-12:30



Enrollment at UZH by February 12, 2024



In brief: **follow instructions in your UZH Acceptance Letter**

In more detail:

1. Use → **contact form** to provide **Swiss address** (where you can receive post)
2. Invoice for semester fees will be made available to you online; pay it as soon as possible
3. Once UZH receives your payment, you will be sent your proof of matriculation vouchers and your student card by post, plus your UZH credentials online
4. Use your UZH credentials (shortname, password) to book your modules

Please note that it can take up to two weeks to receive your documents by post.



**Universität
Zürich** ^{UZH}

Global Student Experience



Administrative Issues



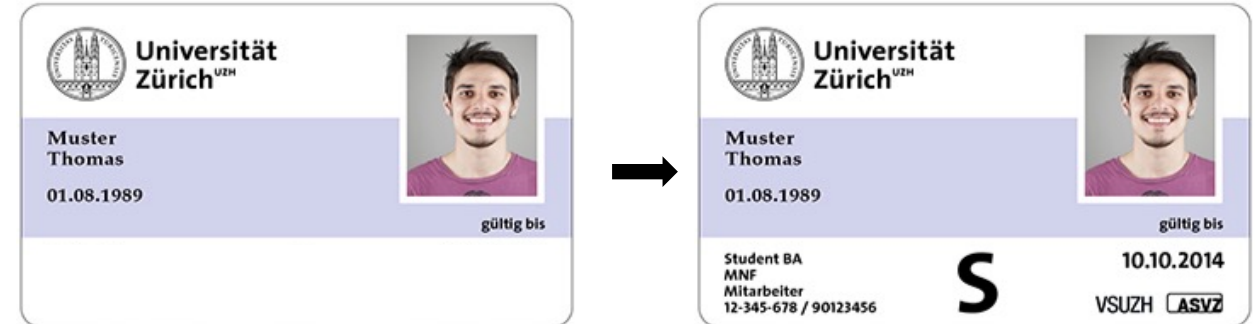
Student Card



- Make sure to → **validate your student card** (print your information on your student ID)
- This includes your study level, student number, VSUZH and ASVZ logos
- Some functions of the UZH Card are also available electronically on the → **UZH now app**

You will need the card for

- Identification at the University (e.g. at examinations, for libraries etc.)
- Pass for special prices in the cafeterias
- Print, copy and scan at UZH multifunction devices: → **UZH Print plus**
- Student discounts outside of the university
- Electronic access to buildings and facilities if the card is enabled for access rights





Technical Setup and Support



- Your UZH login data for the will be made available for download within 72 hours. The data can be found in a separate password letter in the [→ Application Portal](#)
- Technical Setup: [→ Getting Started](#)
- Need assistance? [→ Technical Support](#)
- **Your UZH Email Account: [→ First steps](#)** in setting up your account. Make sure you check your UZH e-mail account regularly! With your UZH email account you will have access to [→ Microsoft 365 \(Outlook\)](#). UZH uses **two-factor authentication**



Student Portal and OLAT



Student Portal

- Check your course schedule* and your exam results on your [→ UZH Student Portal](#) (through Microsoft Online)
- UZH Student Portal [→ Tutorials](#)

*Modules will only show up in your course schedule after you have booked them.

If you have **IT problems with either**, please visit or call the [→ IT Service Desk](#)

OLAT

OLAT (= **O**nline **L**earning **A**nd **T**raining platform) is used by most lecturers at UZH to manage their courses and to share course material with you.

- [→ Login OLAT](#) (use your UZH login data)
- [→ OLAT Tutorials](#)



Module Booking – Module Cancellation



- You can only book modules **during the module booking period** / after you have **paid your semester fees**
- Take into account the different [→ booking and cancellation deadlines](#)
- Don't miss cancellation deadlines for module you no longer want! If you miss it and don't complete the module, it will **reflect as a failed attempt in your transcript**.

Helpful information on booking modules (or contact your faculty directly): [→ General information](#) on how to book modules, requirements etc.

- **Canceling exams**
- Petitions for canceling exams due to illness must be handed in to the dean's office of your faculty **before** the exam is taken.



**Universität
Zürich** UZH

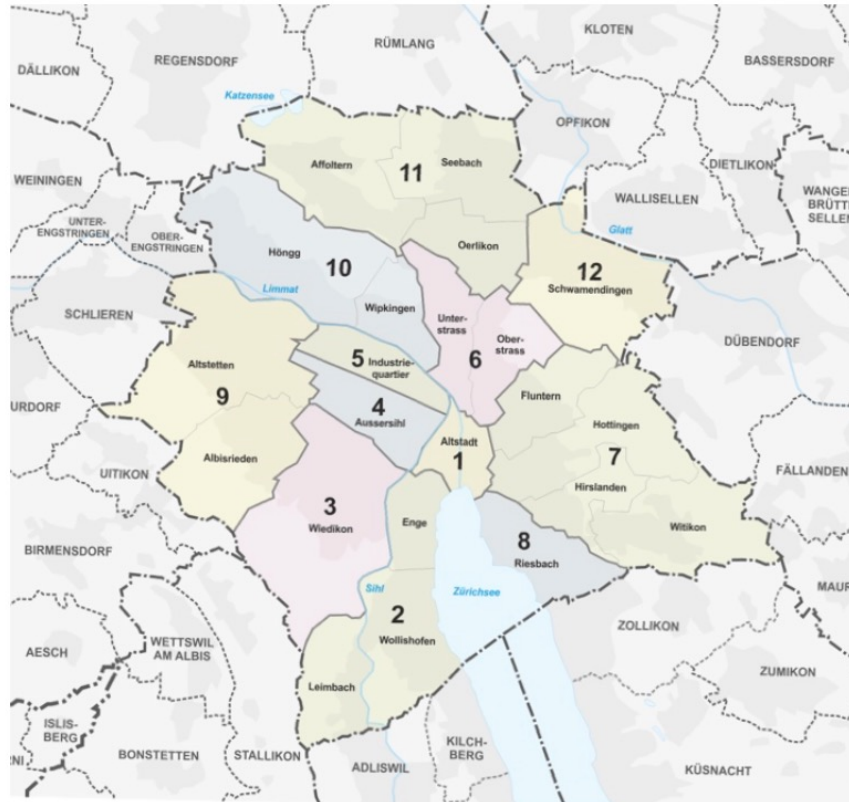
Global Student Experience



Organizational Issues



Registration at the *Personenmeldeamt*



Registering for a Residence Permit

- Within **14 days of arrival** in your district of residence (and in the Canton that issued your visa).
→ **Registration and necessary documents**
- If you live **outside the city of Zurich** you will need to visit the so-called «Einwohnerkontrolle»
- Make sure to **keep your residence permit on you at all times**, esp. when traveling
- Don't forget that you need to → **extend your residence permit** every year



In Brief

- Under Swiss law it is mandatory to get sufficient health insurance coverage **within 3 months** of your arrival.
- After registering for a residence permit you will receive a letter stating the same from the municipal health authorities. **Please keep this letter.**

We will be holding an information session dedicated solely to health insurance in March 2024 (details to follow).

In the meantime, have a look at our → [Information Sheet for Health Insurance in Switzerland](#) to get an idea of what you will need to do.



**Universität
Zürich** ^{UZH}

Global Student Experience



UZH Services



Administrative and General Support



Administrative Support (Student Services)

- After enrollment, and for anything related to fees, exam results, student cards etc. please contact the [→ Student Administration Office](#)
- Before enrollment, and for anything related to enrollment, submitting extra documentation to your admission etc. please contact the [→ Admissions Office](#)

[→ General Advisory Services](#)



UZH (Advisory) Services Overview



→ Career Services

→ Disability Office

→ ETH/UZH Housing Office

→ IT Service Desk

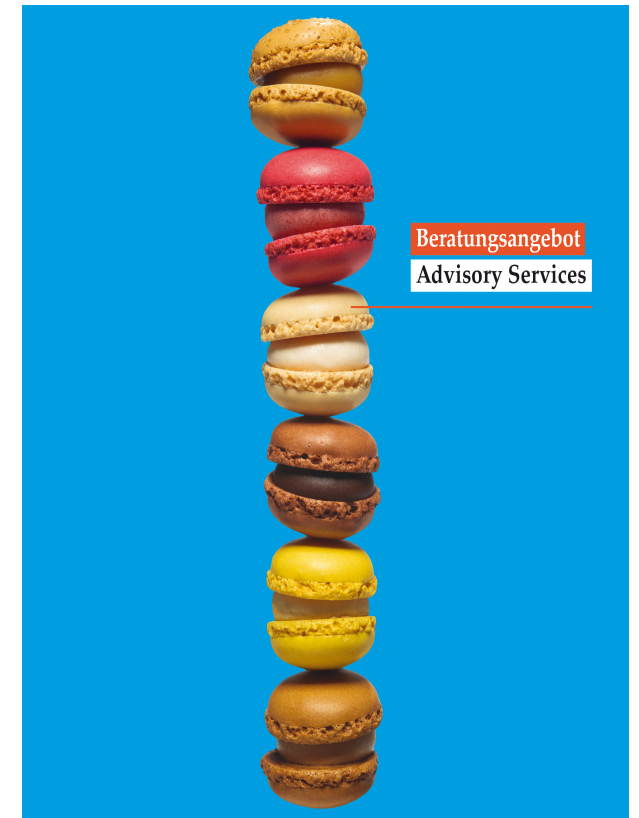
→ Office for Gender Equality

→ Student Advisory Services

→ Student Associations

→ UZH “How-Tos” (Youtube)

→ UZH now App





Universität
Zürich ^{UZH}

ETH zürich



Learning Languages at the Self-Access Center

Grüezi Guten Tag Bonjour Buongiorno Bun Di Hello Buenos Días
Goedendag God Dag Hyvää Päivää Dzień Dobry Merhaba Tungjatjeta
Jó Napot Zdravstvuyte Γεια σας 你好 こんにちは გამარჯობა

About Us

- → Self-Access Center (SAC) / Selbstlernzentrum (SLZ): We are a library for autonomous learning of foreign languages
- Staff: two teachers from the language center and ten students, each of us responsible for at least one language

Our Teaching Activities

- The Self-Access Center offers a range of learning activities (e.g. language get-togethers, writing workshops, games events, film clubs, and book clubs). These are designed to support your autonomous and cooperative language learning.

Information Session int. MA, Spring 2024, Cecilia Caruso

Locations and Opening Hours

- The Language Center's Self-Access Center (SAC) is located at two campuses, at the University Zentrum campus at Rämistrasse 74 and at the ETH Hönggerberg campus in the Architecture and Civil Engineering Library (HIL E2).
- **Important: You will need a → Swisscovery account in order to use their services**

Broaden your horizons and become innovative creators of tomorrow!

With the → [UZH School for Transdisciplinary Studies \(STS\)](https://www.sts.uzh.ch), you can:



www.sts.uzh.ch

- gain **interdisciplinary knowledge** and learn how to **create an impact** in areas such as sustainability, digital transformation, ethics, civic engagement, the future of mobility, and many more
- develop unconventional and **innovative solutions**
- acquire transversal competencies and **Future Skills**
- **collaborate** with students from various backgrounds and find **inspiring new connections**
- **earn ECTS Credits**



ACADEMIC SPORTS ASSOCIATION ZÜRICH

sanitas



About the ASVZ

- → Academic Sports Association Zurich/Akademischer Sportverband Zürich
- University sports organization of Zurich (ETH Zurich/University of Zurich/ ZFH)
- offers all students, employees and further members of the universities a voluntary sports program
- five main sport centers
 - Polyterrasse
 - Irchel
 - Fluntern
 - Höggerberg
 - Winterthur
- different further locations in Zurich (also in Winterthur and Wädenswil)

Participation

Welcome to the ASVZ!
Register online via
ASVZ app or asvz.ch
and start moving.

ASVZ

Search: Sportarten, Sportanlagen, Events, ...

- Individuelles Training, Alle** 16:10 - 17:40
FITNESS **DEMNÄCHST**
Sport Center Polyterrasse
14 Plätze frei
INGESCHRIEBEN **PLATZ-NR. 3**
- Training, Alle** 18:30 - 20:00
JUDO **JETZT EINSCHREIBEN**
Sport Center Polyterrasse
Elia Guzzi
2 Plätze frei

ASVZ
sanitas Nike Zürcher Kantonalbank

asvz.ch/welcome
asvz.ch/willkommen

NEED HELP?

Dienstag, 15. September
16:10 FITNESS **INGESCHRIEBEN**
18:30 JUDO

Akademischer Sportverband Zürich

Sport Center Polyterrasse
ETH Zentrum
8092 Zürich
044 632 42 10
info@asvz.ch
asvz.ch

Psychologische Beratungsstelle

**Psychological
Counseling Services**



Psychological Counseling Services

→ (Psychologische Beratungsstelle PBS)

- Professional counseling can help you overcome difficult phases in life, troubles in your studies and conflicts arising during the course of doctoral study. We are here to offer quick and effective support – also in the case of an acute crisis. Our therapists are all clinical psychologists with qualifications in psychotherapy.
- The counseling services are available to all matriculated students and PhD candidates at UZH and ETH Zurich.
- The sessions are **confidential** and free of charge.
- We offer counseling in German, English, Dutch, French and Polish, and one counseling session lasts 30–50 minutes.

You can come to us with all kinds of issues, for example

- problems in a relationship or family problems
- dealing with stress, test anxiety, procrastination, writer's block, starting a phd, conflict management for phd candidates
- cultural integration
- psychological assessment
- crisis intervention
- ...

Personal Counseling

Please arrange an appointment

by phone 044 634 22 80 or e-mail:

pbs@sib.uzh.ch.

We are also available during the semester breaks.

Our offices are at Plattenstrasse 28, 8032 Zürich

WELCOME TO UZH

VSUZH – YOUR STUDENT ASSOCIATION AT UZH

Representing each and every student and their interests toward the university, the public and political actors.

At UZH you'll find three types of student organizations;

Fachvereine representing the students of a subject

StudOrgs for a specific topic (ex. culture, ecology, sport...)

and *VSUZH*, your student association

For an overview simply google [uzh student organizations]

A group of young people are gathered outdoors, engaged in conversation. The background shows green foliage and a building. The image has a dark overlay.

SERVICES AND PROJECTS

Free legal consultation for any questions around your flat, work, exams and all else

Our **Impulsfabrik** a hub for any new projects you'd like to launch around the UZH

Nightline offers psychological counsel regarding any issues around family, friends, love, stress, sleep...

Universität Zürich

Universität Zürich

Verband der Studierenden
der Universität Zürich
VSUZH

Great having you at UZH!

Get in touch and stay up to date:

info@vsuzh.ch

www.vsuzh.ch

Verband der Studierenden
der Universität Zürich
VSUZH





**Universität
Zürich** ^{UZH}

Global Student Experience



Life in «Züri»



Universität
Zürich^{UZH}

Global Student Experience

Life in Zurich



KIOSK
ÖFFNUNGSZEITEN Erntungs- & Familienrett...
 Die Gastronomie im Kiosk entspricht der Durchmischung der Menschen auf der Josi und im Quartier.
 Einfach, allgemeingültig, frisch & beherzt.

ANGEBOT

KULTURAGENDA **Menükarte**

VERMIETUNG

FOTOS

VEREIN **KONTAKT**

MITGLIED WERDEN Verein Kiosk Josefweise
 Josefstrasse 197, CH – 8005 Zürich
 kiosk@josefweise.ch

KONTAKT MWST: CHE-104.637.935

LOGIN

DEMNÄCHST
 Fr 28. August Lotto
 Jede Kiosk hat es Lotto - 18h

KIOSK JOSEF WIESE
 OFFEN

MITGLIED WERDEN

KONTAKT

LOGIN





Useful Apps and Information



Apps for Public Transportation

- → **SBB** (for Switzerland and beyond, plus you can get tickets directly on the app)
- → **ZVV** (for Zurich)

Other resources

- App for a → **map** of Switzerland (for hiking etc.)
- → **TWINT** for payments/transferring money easily (you will need a **Swiss bank account** for this)

More Resources

- → **Things to do in Zurich**
- → **Events in Zurich**
- → **KulturZüri** for all kinds of things
- → **Stadtkonzerte** for concerts (page in German)
- → **Living in Zurich**



**Universität
Zürich** ^{UZH}

Global Student Experience



Thank you!